

EMAIL BLAST dated Sun, Jan 30, 2011 6:15 pm



ARABIAN  
HORSE ASSOCIATION  
REGION 4

Any replies to this email will go to Kaye Phaneuf.

For AHA Region 4 information visit [AHARegionIV.com](http://AHARegionIV.com)

-----Thank You-----

USEF has just announced an extraordinary rule change that requires protective headgear for dressage riders in open and Arabian competitions, effective March 1, 2011.

**Not riding dressage? This rule could still apply to you!**

- **Helmet requirements for *adults* are determined by the horse.** If the horse is entered in any dressage test at Fourth Level or below then *anyone* riding that horse anywhere on the show grounds, *including when schooling for/competing in other classes* such as sport horse under saddle, show hack, and FEI dressage, must wear protective headgear (with an SEI tag, helmet and harness properly fitted and secured).
- **Juniors entered in dressage at any level must wear protective headgear whenever mounted on their dressage horse, including when schooling for/competing in other classes.**
- AHA is working on an exemption which would limit the helmet requirement to dressage schooling and competition. Until then, be aware that management of all competitions offering dressage *must* enforce this rule as written.
- For a list of approved helmets, visit <http://www.seinet.org/search/search.php>. Scroll down and click on *Equestrian Helmets (2004a)*, then click on *Equestrian Helmet* to view the up-to-date list of ASTM/SEI certified equestrian helmets. Note that your helmet must bear the SEI label.
- Members of the Oregon Dressage Society may contact [office@oregondressage.com](mailto:office@oregondressage.com) for a list of retailers in the region offering discounts to ODS members on ASTM/SEI certified helmets.

See <http://www.usef.org/documents/rules/ruleChanges/2011/2011AnnualMeeting.pdf> for the full text of the revised rule DR120.

**Again, these protective headgear requirements take effect March 1 of this year!**